



## **Oral Surgery Post-Op Care: MEDICATIONS**

### **For PAIN & SWELLING**

1. If you have NO allergies to NSAIDs: Choose one option (Ibuprofen or Aleve, not both):
  - a. *Ibuprofen* (aka Motrin or Advil) 600mg - take once every 6 hours (4 times a day) for 3 days after surgery then as needed for pain.
  - b. *Naproxen* (aka Aleve) 220mg - take 2 tabs immediately and then 1 tab every 8 hours (3 times a day) for 3 days then as needed for pain.
2. If you are still experiencing pain, take *Tylenol* along with the *Ibuprofen* or *Aleve*.
  - a. *Acetaminophen* (aka *Tylenol*) 500mg - take one tab every 6 hours (4 times a day) as needed for pain with your Ibuprofen or Aleve.
3. If you have been prescribed *Norco* (5mg Hydrocodone & 325mg Acetaminophen/Tylenol)
  - a. Take 1 tab every 4-6 hours as needed for pain WITH the Ibuprofen or Aleve.
  - b. YOU CAN take *Norco* with *Ibuprofen* or *Aleve*. It is encouraged (for 2-3 days).
  - c. DO NOT TAKE *Norco* w/ *Tylenol* (*Norco* already contains *Tylenol*).

### **If Prescribed Antibiotics: follow these instructions**

- *Amoxicillin* (500mg) 21 tabs - take 1 tab every 8 hours until bottle is gone.
- *Clindamycin* (300mg) 28 tabs - take 1 tab every 6 hours until bottle is gone.
- *Azithromycin* (250mg) 6 tabs - take 2 tabs day of surgery, then 1 each day for the next 4 days until bottle is gone.

### **If Prescribed Decadron/Dexamethasone for Implant or Bone Graft**

- Dexamethasone (aka Decadron) 0.75mg, 10 tabs - take 4 tabs day of surgery, 3 tabs the next day, and the final 3 tabs the next day.

### **If Prescribed Peridex/Chlorhexidine**

- Rinse and gargle with lukewarm salt water for 30 seconds every 2-3 hours and after everytime you eat for the first 7 days after surgery. Do not spit hard, let Salt Water dribble out of your mouth gently.
- After 7 days
  - Rinse twice daily with small mouthful of *Peridex* for 30 seconds and then spit for 7 more days.